

**PHILIPPE VERDUYN**

Curriculum Vitae

(updated: December 2020)

**CONTACT DETAILS**

Office Address: Universiteitssingel 40, 6229 Maastricht, Netherlands  
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**EDUCATION**

2006-2012 **PhD in Psychology**  
Faculty of Psychology and Educational Sciences, University of Leuven  
Dissertation: *Time dynamics of emotions: Duration and intensity profiles*  
Supervisor: Prof. Dr. I. Van Mechelen; Co-Supervisor: Prof. Dr. F. Tuerlinckx

2000-2005 **Bachelor in Psychology & Master in Psychology**  
Faculty of Psychology and Educational Sciences, University of Leuven

**EMPLOYMENT**

2019-present **Associate Professor**  
Department of Work and Social Psychology  
Maastricht University (100% appointment)

2017-2019 **Assistant Professor (tenured)**  
Department of Work and Social Psychology  
Maastricht University (100% appointment)

2015-2017 **Assistant Professor (tenure-track)**  
Department of Work and Social Psychology  
Maastricht University (60% appointment)

2015-2017 **Postdoctoral Fellow of the Research Foundation – Flanders (FWO)**  
Research group of Quantitative Psychology and Individual Differences  
University of Leuven (40% appointment)

2012-2015 **Postdoctoral Fellow of the Research Foundation – Flanders (FWO)**  
Research group of Quantitative Psychology and Individual Differences  
University of Leuven

2013 **Visiting Scholar** (six months)  
Emotion Center - working with Prof. Dr. P. Fossati  
University Paris VI, Sorbonne

2006-2012 **Assistant**  
Research group of Quantitative Psychology and Individual Differences  
University of Leuven

2010 **Visiting Scholar** (one month)  
Emotion & Self-Control Lab – working with Prof. Dr. E. Kross  
University of Michigan

2005-2006 **Teaching Assistant**  
Research group of Quantitative Psychology and Individual Differences  
University of Leuven

**GRANTS**

2020-2021	<b>Supervisor</b> (student grant holder: N. Gugushvili). Academic scholarship of LEPL International Education Center (Georgia). Amount: €8.000
2019-2023	<b>Supervisor</b> (student grant holder: E. Riyanti). Academic scholarship of Indonesian Endowment Fund for Education (LPDP): <i>Adolescent well-being in the digital age</i> . Amount: €25.000
2017-2021	<b>PI.</b> (other PI: U. Hulsheger). Internal grant Maastricht University: <i>Emotion regulation at work</i> . Amount: €200.000
2020	<b>Co-PI</b> (PI's: R. Ruiter & R. Crutzen). Internal grant Maastricht University: <i>Opinions of UM-employees and students about research ethics and integrity</i> . Amount: €10.000 (note: returned due to Covid-19 outbreak)
2019-2020	<b>Supervisor</b> (student grant holder: N. Gugushvili). Academic scholarship of LEPL International Education Center (Georgia). Amount: €8.000
2015-2019	<b>Co-Investigator</b> (PI F. Tuerlinckx). Internal grant University of Leuven. <i>Formal models of the affective system: Dynamics, exogenous inputs and relation to subjective well-being</i> . Amount: €1.250.000
2015-2018	<b>PI.</b> Senior postdoctoral fellowship of the Fund for Scientific Research–Flanders: <i>Appraisal dynamics in healthy and depressed populations</i> . Amount: €250.000
2015-2017	<b>Consultant.</b> (PIs E. Kross & W. Herold). The self, motivation, & virtue project: <i>The virtue of self-distancing</i> . Amount: €165.000
2012-2015	<b>PI.</b> Junior postdoctoral fellowship of the Fund for Scientific Research–Flanders <i>The nature and determinants of emotional recovery in healthy and depressed populations</i> . Amount: €250.000
2015	FWO Mobility Grant. Amount: €1.000
2013	FWO Mobility Grant. Amount: €10.000
2013	JUMO Mobility Grant. Amount: €10.000
2012	FWO Mobility Grant. Amount: €250
2010	FWO Mobility Grant. Amount: €2.000

**AWARDS**

2016 & 2017	shortlisted for the KU Leuven Research Council Award <i>"The Research Council Award (€20.000) is intended as a token of recognition and to encourage young promising researchers at KU Leuven."</i>
2015	winner of the Association for Psychological Science (APS) "Rising Star award" <i>"The Rising Star designation recognizes outstanding psychological scientists in the earliest stages of their research career post-PhD whose innovative work has already advanced the field and signals great potential for their continued contributions."</i>

**PROFESSIONAL SERVICE**

2020 – present	<b>Associate editor:</b> Cognition & Emotion
2017 – present	<b>Consulting editor:</b> Journal of Personality and Social Psychology, section I: ASC

2015 – present      **Consulting editor:** Journal of Personality and Social Psychology, section III:PPID  
 2018 – 2020      **Guest editor:** European Journal of Psychological Assessment  
                             Special Issue: *Capturing the dynamics of emotion and emotion regulation in daily life with ambulatory assessment*

**Ad hoc reviewer for funding agencies (n=7):**

Austrian Science Fund, Dutch Cancer Society, Dutch Organization for Health Research and Development, German Research Foundation, Israel Science Foundation, National Science Foundation of USA, Social Sciences and Humanities Research Council of Canada

**Ad hoc reviewer for journals (n=47):**

Perspectives on Psychological Science	Social Science Computer Review
Acta Psychiatrica Scandinavica	Journal of Experimental Social Psychology
Journal of Personality and Social Psychology	Motivation & Emotion
Psychological Science	Anxiety, Stress, & Coping
Journal of Experimental Psychology: General	European Journal of Social Psychology
Psychological Methods	International Journal of Psychology
Clinical Psychological Science	Journal of Adolescence
Journal of Computer-Mediated Communication	Behaviour & Information Technology
Behaviour Research and Therapy	Advances in Cognitive Psychology
Journal of Adolescent Health	Journal of Economic Psychology
Journal of Organizational Behavior	Psychologica Belgica
Journal of Personality	Journal of Individual Differences
Frontiers in Psychiatry	Psychology
Computers in Human Behavior	Asian Journal of Social Psychology
Emotion	Current Psychology
Biological Psychology	Psychological Record
PLoS ONE	Journal of Experimental Psychopathology
Cognition & Emotion	Journal of Family Communication
Emotion Review	Media and Communication
International Journal of Psychophysiology	Cyberpsychology
Personality & Social Psychology Bulletin	Comprehensive Results in Social Psychology
Journal of Behavior Therapy and Experimental Psychiatry	Internet Interventions
Cyberpsychology, Behavior, and Social Networking	In-Mind
Frontiers in Psychology	

**UNIVERSITY & DEPARTMENTAL SERVICE (at Maastricht University)**

2019-present    Member of the admission committee for the master Human Decision Science  
                             Member of the library council  
                             Chairman of the brownbag meeting of Work & Organizational Psychology  
                             Chairman of the graduate student meeting of Applied Social Psychology

**TEACHING EXPERIENCE (at Maastricht University)**

2015-present    Cognitive psychology of decision making  
                             Motivation & Emotion  
                             Social psychology of decision making  
                             Social Networks

Statistics I (z-test, t-test, One-Way ANOVA, chi-square test)

Statistics III (logistic regression, classical test-theory, Item Response Theory, FA/PCA)

### TEACHING EXPERIENCE (at University of Leuven)

2005-2015 Psychology of individual differences: Personality  
 Statistics IV (AN(C)OVA, Regression, FA/PCA)  
 Statistics V (logistic regression, rANOVA, HLM)  
 Statistics VI (non-standard statistical techniques)  
 Introduction on mathematics for psychologists

### TRAINING (Selected list of courses/trainings followed)

Steep Face management course (University of Maastricht), Basic Teaching Qualification – BKO (University of Maastricht Maastricht), Tutor training (University of Maastricht), R-Courses (Datacamp), fMRI certified user (University of Leuven), Advanced Topics in Emotion (University of Leuven), Multilevel Discrete-time survival analysis (University of Bristol)

### PUBLICATIONS (n = 52, H-index = 24, number of citations = 4177)

- Kross, E., **Verduyn, P.**, Sheppes, G., Costello, C., Jonides J., & Ybarra, O. (in press). Social media and well-being: Pitfalls, progress, and next steps. *Trends in Cognitive Sciences*.
- Orvell, A., Vickers, B. D., Drake, B., **Verduyn, P.**, Ayduk, O., Moser, J., Jonides, J., & Kross, E. (in press). Does distanced self-talk facilitate emotion regulation across a range of emotionally intense experiences? *Clinical Psychological Science*.
- **Verduyn, P.** (in press). Emotion duration. In C. Waugh, & P. Kuppens (Eds.), *Affective Dynamics*. Cham: Springer Nature Switzerland AG.
- **Verduyn, P.**, Gugushvili, N., & Kross, E. (in press). The impact of social network sites on mental health: Distinguishing active from passive use. *World Psychiatry*.
- **Verduyn, P.**, Schulte-Strathaus, J.C.C, Kross, E., & Hülshager, U.R. (in press). When do smartphones displace face-to-face interactions and what to do about it? *Computers in Human Behavior*.
- Alabak, M., Hülshager, U.R., Zijlstra, F.R.H., & **Verduyn, P.** (2020). More than one strategy: A closer examination of the relationship between deep acting and key employee outcomes. *Journal of Occupational Health Psychology*, 25, 32-45.
- Gugushvili, N., Täht, K., Rozgonjuk, D., Raudlam, M., Ruiter, R., & **Verduyn, P.** (2020). Two dimensions of problematic smartphone use mediate the relationship between fear of missing out and emotional well-being. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 14, Article 3.
- Koval, P., Kalokerinos, E., **Verduyn, P.**, & Greiff, S. (2020). Special issue: Capturing the dynamics of emotion and emotion regulation in daily life with ambulatory assessment. *European Journal of Psychological Assessment*, 36, 433-436.
- Nübold, A., Kuppens, P., & **Verduyn, P.** (2020). A temporal perspective on emotions. In Y. Griep, & S.D. Hansen (Eds.), *Handbook on the Temporal Dynamics of Organizational Behavior* (pp. 221-236). Cheltenham: Edward Elgar Publishing.
- **Verduyn, P.**, Gugushvili, N., Massar, K., Täht, K. & Kross, E. (2020). Social comparison on social networking sites. *Current Opinion in Psychology*, 36, 32-37.

- Kross, E., **Verduyn, P.**, Boyer, M., Drake, B., Gainsburg, I., Vickers, B., Ybarra, O., & Jonides, J. (2019). Does counting emotion words on online social networks provide a window into people's subjective experience of emotion? A case study on Facebook. *Emotion, 19*, 97-107.
- Provenzano, J., **Verduyn, P.**, Daniels, N., Fossati, P., Kuppens, P. (2019). Mood congruency effects are mediated by shifts in salience and central executive network efficiency. *Social Cognitive and Affective Neuroscience, 14*, 987-995.
- Janssen E., **Verduyn P.**, & Waters E.A. (2018). Don't know responses to cognitive and affective risk perception measures: Exploring prevalence and socio-demographic moderators. *British Journal of Health Psychology, 23*, 407-419.
- Kirchner, A., Boiger, M., Uchida, Y., Norasakkunkit, V., **Verduyn, P.**, & Mesquita, B. (2018). Humiliated fury is not universal: The co-occurrence of anger and shame in the United States and Japan. *Cognition & Emotion, 6*, 1317-1328.
- O'Donnell, M., Nelson, L.D., Ackermann, E., ..., **Verduyn, P.**, ..., Zrubka, M. (2018). Registered replication report: Dijksterhuis & van Knippenberg – 1998. *Perspectives on Psychological Science, 13*, 268-294.
- Provenzano, J., Bastiaansen, J.A., **Verduyn, P.**, Oldehinkel, A.J., Fossati, P., & Kuppens, P. (2018). Different aspects of the neural response to socio-emotional events are related to instability and inertia of emotional experience in daily life: An fMRI-ESM Study. *Frontiers in Human Neuroscience, 12*, 1-10.
- Résibois, M., Kalokerinos, E., Verleysen, G., Kuppens, P., Van Mechelen, I., Fossati, P. & **Verduyn, P.** (2018). The relation between rumination and temporal features of emotion intensity. *Cognition & Emotion, 32*, 259-274.
- Résibois, M., Kuppens, P., Van Mechelen, I., Fossati, P., & **Verduyn, P.** (2018). Depression severity moderates the relation between self-distancing and features of emotion unfolding. *Personality & Individual Differences, 123*, 119-124.
- Résibois, M., Rotgé, J. Y., Delaveau, P., Kuppens, P., Van Mechelen, I., Fossati, P., & **Verduyn, P.** (2018). The impact of self-distancing on emotion explosiveness and accumulation: An fMRI study. *PLoS ONE, 13*, e0206889, 1-19
- Felsman, P., **Verduyn, P.**, Ayduk, O., & Kross, E. (2017). Being present: Focusing on the present predicts improvements in life satisfaction but not happiness. *Emotion, 17*, 1047-1051.
- Kalokerinos, E. K., Résibois, M., , **Verduyn, P.** & Kuppens, P. (2017). The temporal deployment of emotion regulation strategies during negative emotional episodes. *Emotion, 17*, 450-458.
- Kuppens, P., & **Verduyn, P.** (2017). Emotion dynamics. *Current Opinion in Psychology, 17*, 22-26.
- Résibois, M.\*, **Verduyn, P.\***, Delaveau, P., Rotgé, J.Y., Kuppens, P., Van Mechelen, I., & Fossati, P. (2017). The neural basis of emotions varies over time: Different regions go with onset- and offset-bound processes underlying emotion intensity. *Social Cognitive and Affective Neuroscience, 12*, 1261-1271. (**Résibois & Verduyn share 1<sup>st</sup> authorship**)
- **Verduyn, P.**, Ybarra, O., Résibois, M., Jonides, J., & Kross, E. (2017). Les médias sociaux et le bonheur: le cas de Facebook. *Revue Québécoise de Psychologie, 38*, 167-182.
- **Verduyn, P.**, Ybarra, O., Résibois, M., Jonides, J., & Kross, E. (2017). Do social network sites enhance or undermine subjective well-being: A critical review. *Social Issues & Policy Review, 11*, 274-302.
- Heylen, J., Van Mechelen, I., **Verduyn, P.**, & Ceulemans, E. (2016). KSC-N: Clustering of hierarchical time profile data. *Psychometrika, 81*, 411-433

- Park, J., Lee, D.S., Shablack, H., **Verduyn, P.**, Deldin, P., Ybarra, O., Jonides, J., & Kross, E. (2016). When perceptions defy reality: The relationships between depression and actual and perceived Facebook social support. *Journal of Affective Disorders*, 200, 37-44.
- **Verduyn P.**, Résibois M., Massar K. (2016) Sadness. In V. Zeigler-Hill, & T. Shackelford (eds.), *Encyclopedia of Personality and Individual Differences*. Cham: Springer.
- Heylen, J., **Verduyn, P.**, Van Mechelen, I., & Ceulemans, E. (2015). Variability in anger intensity profiles: Structure and predictive basis. *Cognition & Emotion*, 29, 168-177.
- Kuppens, P., & **Verduyn, P.** (2015). Looking at emotion regulation through the window of emotion dynamics. *Psychological Inquiry*, 26, 72-79.
- Vanbrabant, K., Boddez, Y., **Verduyn, P.**, Mestdagh, M., Hermans, D., & Raes, F. (2015). A new approach for modeling generalization gradients: A case for Hierarchical Models. *Frontiers in Psychology*, 6, 1-10.
- **Verduyn, P.**, Delaveau, P., Rotgé, J.Y., Fossati, P., & Van Mechelen I. (2015). Determinants of emotion duration and underlying psychological and neural mechanisms. *Emotion Review*, 7, 330-335.
- **Verduyn, P.**, & Lavrijsen, S. (2015). Which emotions last longest and why: the role of event importance and rumination. *Motivation & Emotion*, 39, 119-127.
- **Verduyn, P.**, Lee, D., Park, J., Shablack, H., Orvell, A., Bayer, J., Ybarra, O., Jonides, J., & Kross, E. (2015). Passive Facebook usage undermines affective well-being: Experimental and longitudinal evidence. *Journal of Experimental Psychology: General*, 144, 480-488.
- Brans, K., Van Mechelen, I., , Rimé, B., & **Verduyn, P.** (2014). To share or not to share? Examining the emotional consequences of social sharing in the case of anger and sadness. *Emotion*, 14, 1062-1071.
- Brans, K., & **Verduyn, P.** (2014). Comparing determinants of emotion intensity and duration: Appraisals and regulation strategies. *PLoS ONE*, 9, e92410, 1-13.
- Brans, K., Koval, P., **Verduyn, P.**, Lim Lim Y., & Kuppens, P. (2013). The regulation of negative and positive affect in daily life. *Emotion*, 13, 926-939.
- Brans, K., Van Mechelen, I., , Rimé, B., & **Verduyn, P.** (2013). The relation between social sharing and the duration of emotional experience. *Cognition & Emotion*, 27, 1023-1041.
- Frederickx, S.\*, **Verduyn, P.\***, Koval, P., Brans, K., Brunner, B., De Laet, I., Ogrinz, B., Pe, M., & Hofmans, J. (2013). The relationship between arousal and the remembered duration of positive events. *Applied Cognitive Psychology*, 27, 493-496. (**Frederickx & Verduyn share 1<sup>st</sup> authorship**).
- Kross, E., **Verduyn, P.**, Emre, D., Park, J., Lee, D.S., Lin, N., Jonides, J., & Ybarra, O. (2013). Facebook use predicts declines in subjective well-being in young adults. *PLoS ONE*, 8, e69841,1-6.
- Pe, M. L., Raes, F., Koval, P., Brans, K., **Verduyn, P.**, & Kuppens, P. (2013). Interference resolution moderates the impact of rumination and reappraisal on affective experiences in daily life. *Cognition & Emotion*, 27, 492-501.
- Van Mechelen, I., **Verduyn, P.**, & Brans K. (2013). The duration of emotional episodes. In D. Hermans, B. Rimé & B. Mesquita (Eds.), *Changing Emotions* (pp. 174-180). London: Psychology Press.
- **Verduyn, P.**, Tuerlinckx, F., & Van Gorp, K. (2013). Measuring the duration of emotional experience: The influence of actual duration and response format. *Quality & Quantity*, 7, 2557-2567.

- **Verduyn, P.**, Van Mechelen, I., Tuerlinckx, F., & Scherer, K. (2013). The relation between appraised mismatch and the duration of negative emotions: Evidence for universality. *European Journal of Personality*, *27*, 481-494.
- **Verduyn P.**, & Brans, K. (2012). The relationship between extraversion, neuroticism and aspects of trait affect. *Personality and Individual Differences*, *52*, 664-669.
- **Verduyn, P.**, Van Mechelen, I., & Frederix, E. (2012). Determinants of the shape of emotion intensity profiles. *Cognition & Emotion*, *26*, 1486-1495.
- **Verduyn, P.**, Van Mechelen, I., Kross, E., Chezzi, C., & Van Bever, F. (2012). The relationship between self-distancing and the duration of negative and positive emotional experiences in daily life. *Emotion*, *12*, 1248-1263.
- Loughnan, S., Kuppens, P., Allik, J., Balazs, K., De Lemus., S., Dumont, K., Gargurevich, R., Hidegkuti, I., Leidner, B., Matos, L., Park, J., Realo, A., Shi, J., Sojo, V. E., Tong, Y., Vaes, J., **Verduyn, P.**, Yeung, V., & Haslam, N. (2011). Economic inequality is linked to biased self-perception. *Psychological Science*, *22*, 1254-1258.
- **Verduyn, P.**, Van Mechelen, I., & Tuerlinckx, F. (2011). The relation between event processing and the duration of emotional experience. *Emotion*, *11*, 20-28.
- **Verduyn, P.**, Delvaux, E., Van Coillie, H., Tuerlinckx, F., & Van Mechelen, I. (2009). Predicting the duration of emotional experience: Two experience sampling studies. *Emotion*, *9*, 83-91.
- **Verduyn, P.**, Van Mechelen, I., Tuerlinckx, F., Meers, K., & Van Coillie, H. (2009). Intensity profiles of emotional experience over time. *Cognition & Emotion*, *23*, 1427-1443.
- Arsovska, J., & **Verduyn, P.** (2008). Globalization, conduct norms and 'culture conflict': Perceptions of violence and crime in an ethnic Albanian context. *British Journal of Criminology*, *48*, 226-246.

## PRESENTATIONS & MEDIA

My students and I have presented our work for academic audiences by presenting at international meetings such as the conferences of *Association for Psychological Science*, *Belgian Association for Psychological Sciences*, *Consortium of European Research on Emotion*, *European Association for Work & Organizational Psychology*, *European Association of Personality Psychology*, *European Health Psychology Society*, *European Society for Cognitive and Affective Neuroscience*, *International Society for Research on Emotion*, *Organization for Human Brain Mapping*, *Social & Affective Neuroscience Society*, *Society for Affective Science*, *Society for Personality and Social Psychology*.

My students and I have presented our work at meetings for the general public such as the meetings of *Contemporary Thinking and Living (Belgium)*, *Pleasure-Art-Science Festival (Netherlands)*, *Instant Expert lecture series of the New Scientist (UK)*, and *Psychology speaker series (Belgium)* and the general public could also learn more about our work in major media outlets such as *ABC news*, *BBC News*, *CBS news*, *CNN.com*, *Economist*, *Fast Company*, *Fiscal Insider*, *LA Times*, *New York Times*, *Psychology Today*, *Science*, *The Independent*.

## SUPERVISED DOCTORAL THESES

- Kerstin Becker (2020-2024). The impact of social network sites on body image and eating disorders. Supervisors: **P. Verduyn** & K. Jonas, Co-supervisor: J. Alleva

- Bilal Ahmad (2020-2024). The potential of social media to reduce the risks associated with forced and arranged marriages in Pakistan. Supervisor: K. Jonas, Co-supervisor: **P. Verduyn**.
- Eka Riyanti Purboningsih (2019-2023). Adolescent's well-being in the digital age. Supervisors: **P. Verduyn**, R. Ruiter & H. Agustiani. Co-supervisor: Z. Hinduan.
- Nino Gugushvili (2018-2022). The impact of Facebook use on happiness. Supervisors: **P. Verduyn**, R. Ruiter & K. Täht.
- Merve Alabak (2017-2021). Emotion regulation at work. Supervisor: U. Hülshager, Co-Supervisors: **P. Verduyn** & F. Zijlstra.
- Julian Provenzano (2015-2019). The neural basis of the temporal dynamics of emotions. Supervisor: P. Kuppens, Co-Supervisors: **P. Verduyn**, I. Van Mechelen, & P. Fossati. *Dissertation successfully defended on September 20<sup>th</sup> 2019, University of Leuven*
- Maxime Resibois (2013-2017). Emotion intensity profiles over time: Psychological and neural mechanisms. Supervisor: P. Kuppens, Co-Supervisors: **P. Verduyn**, I. Van Mechelen, & P. Fossati. *Dissertation successfully defended on September 28<sup>th</sup> 2017, University of Leuven.*