

PHILIPPE VERDUYN

Curriculum Vitae
(updated: June 2020)

CONTACT DETAILS

Office Address: Universiteitssingel 40, 6229 Maastricht, The Netherlands
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EDUCATION

2006-2012 **PhD in Psychology**
Faculty of Psychology and Educational Sciences, University of Leuven
Dissertation: *Time dynamics of emotions: Duration and intensity profiles*
Supervisor: Prof. Dr. I. Van Mechelen; Co-Supervisor: Prof. Dr. F. Tuerlinckx

2000-2005 **Bachelor in Psychology & Master in Psychology**
Faculty of Psychology and Educational Sciences, University of Leuven

EMPLOYMENT

2019-present **Associate Professor**
Department of Work and Social Psychology
Maastricht University (100% appointment)

2017-2019 **Assistant Professor (tenured)**
Department of Work and Social Psychology
Maastricht University (100% appointment)

2015-2017 **Assistant Professor (tenure-track)**
Department of Work and Social Psychology
Maastricht University (60% appointment)

2015-2017 **Postdoctoral Fellow of the Research Foundation – Flanders (FWO)**
Research group of Quantitative Psychology and Individual Differences
University of Leuven (40% appointment)

2012-2015 **Postdoctoral Fellow of the Research Foundation – Flanders (FWO)**
Research group of Quantitative Psychology and Individual Differences
University of Leuven

2013 **Visiting Scholar** (six months)
Emotion Center - working with Prof. Dr. P. Fossati
University Paris VI, Sorbonne

2006-2012 **Assistant**
Research group of Quantitative Psychology and Individual Differences
University of Leuven

2010 **Visiting Scholar** (one month)
Emotion & Self-Control Lab – working with Prof. Dr. E. Kross
University of Michigan

2005-2006 **Teaching Assistant**
Research group of Quantitative Psychology and Individual Differences
University of Leuven

GRANTS

- 2020 **Co-PI** (PI's: R. Ruiter & R. Crutzen). Internal grant Maastricht University: *Opinions of UM-employees and students about research ethics and integrity*. Amount: €10.000
- 2017-2021 **PI.** (other PI: U. Hulsheger). Internal grant Maastricht University: *Emotion regulation at work*. Amount: €200.000
- 2019-2020 **Supervisor** (student: N. Gugushvili). Academic scholarship of LEPL International Education Center (Georgia). Amount: €8.000
- 2015-2019 **Co-Investigator** (PI F. Tuerlinckx). Internal grant University of Leuven. *Formal models of the affective system: Dynamics, exogenous inputs and relation to subjective well-being*. Amount: €1.250.000
- 2015-2018 **PI.** Senior postdoctoral fellowship of the Fund for Scientific Research–Flanders: *Appraisal dynamics in healthy and depressed populations*. Amount: €250.000
- 2015-2017 **Consultant.** (PIs E. Kross & W. Herold). The self, motivation, & virtue project: *The virtue of self-distancing*. Amount: €165.000
- 2012-2015 **PI.** Junior postdoctoral fellowship of the Fund for Scientific Research–Flanders *The nature and determinants of emotional recovery in healthy and depressed populations*. Amount: €250.000
- 2015 FWO Mobility Grant. Amount: €1.000
- 2013 FWO Mobility Grant. Amount: €10.000
- 2013 JUMO Mobility Grant. Amount: €10.000
- 2012 FWO Mobility Grant. Amount: €250
- 2010 FWO Mobility Grant. Amount: €2.000

AWARDS

- 2016 & 2017 shortlisted for the KU Leuven Research Council Award
"The Research Council Award (€20.000) is intended as a token of recognition and to encourage young promising researchers at KU Leuven."
- 2015 winner of the Association for Psychological Science (APS) "Rising Star award"
"The Rising Star designation recognizes outstanding psychological scientists in the earliest stages of their research career post-PhD whose innovative work has already advanced the field and signals great potential for their continued contributions."

PROFESSIONAL SERVICE**Guest editor**

- 2018 – 2020 European Journal of Psychological Assessment
Special Issue: *Capturing the dynamics of emotion and emotion regulation in daily life with ambulatory assessment*

Consulting editor

- 2017 – present Journal of Personality and Social Psychology (section I: ASC)
- 2015 – present Journal of Personality and Social Psychology (section III: PPID)

Ad hoc reviewer for funding agencies (n=7):

Austrian Science Fund, Dutch Cancer Society, Dutch Organization for Health Research and Development, German Research Foundation, Israel Science Foundation, National Science Foundation of USA, Social Sciences and Humanities Research Council of Canada

Ad hoc reviewer for journals (n=46):

Perspectives on Psychological Science	Frontiers in Psychology
Acta Psychiatrica Scandinavica	Social Science Computer Review
Journal of Personality and Social Psychology	Journal of Experimental Social Psychology
Psychological Science	Motivation & Emotion
Journal of Experimental Psychology: General	Anxiety, Stress, & Coping
Psychological Methods	European Journal of Social Psychology
Clinical Psychological Science	International Journal of Psychology
Journal of Computer-Mediated Communication	Journal of Adolescence
Behaviour Research and Therapy	Behaviour & Information Technology
Journal of Adolescent Health	Advances in Cognitive Psychology
Journal of Organizational Behavior	Journal of Economic Psychology
Journal of Personality	Journal of Individual Differences
Frontiers in Psychiatry	Psychology
Computers in Human Behavior	Asian Journal of Social Psychology
Emotion	Current Psychology
Biological Psychology	Psychological Record
PLoS ONE	Journal of Experimental Psychopathology
Cognition & Emotion	Journal of Family Communication
Emotion Review	Media and Communication
International Journal of Psychophysiology	Cyberpsychology
Personality & Social Psychology Bulletin	Comprehensive Results in Social Psychology
Journal of Behavior Therapy and Experimental Psychiatry	Internet Interventions
Cyberpsychology, Behavior, and Social Networking	In-Mind

UNIVERSITY & DEPARTMENTAL SERVICE (at Maastricht University)

2019-present Member of the admission committee for the master Human Decision Science
 Member of the library council
 Coordinator of the departmental meeting of Work & Organizational Psychology

TEACHING EXPERIENCE (at Maastricht University)

2015-present Cognitive psychology of decision making
 Motivation & Emotion
 Social psychology of decision making
 Social Networks
 Statistics I (z-test, t-test, One-Way ANOVA, chi-square test)
 Statistics III (logistic regression, classical test-theory, Item Response Theory, FA/PCA)

TEACHING EXPERIENCE (at University of Leuven)

2005-2015 Psychology of individual differences: Personality
 Statistics IV (AN(C)OVA, Regression, FA/PCA)
 Statistics V (logistic regression, rANOVA, HLM)
 Statistics VI (non-standard statistical techniques)

Introduction on mathematics for psychologists

TRAINING (Selected list of courses/trainings followed)

Steep Face management course (University of Maastricht), Basic Teaching Qualification – BKO (University of Maastricht Maastricht), Tutor training (University of Maastricht), R-Courses (Datacamp), fMRI certified user (University of Leuven), Advanced Topics in Emotion (University of Leuven), Multilevel Discrete-time survival analysis (University of Bristol)

PUBLICATIONS (n = 49, H-index = 23, number of citations = 3508)

- Gugushvili, N., Täht, K., Rozgonjuk, D., Raudlam, M., Rüter, R., & **Verduyn, P.** (in press). Two dimensions of problematic smartphone use mediate the relationship between fear of missing out and emotional well-being. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*.
- Koval, P., Kalokerinos, E., **Verduyn, P.**, & Greiff, S. (in press). Special issue: Capturing the dynamics of emotion and emotion regulation in daily life with ambulatory assessment. *European Journal of Psychological Assessment*.
- Orvell, A., Vickers, B. D., Drake, B., **Verduyn, P.**, Ayduk, O., Moser, J., Jonides, J., & Kross, E. (in press). Does distanced self-talk facilitate emotion regulation across a range of emotionally intense experiences? *Clinical Psychological Science*.
- **Verduyn, P.**, Gugushvili, N., & Kross, E. (in press). The impact of social network sites on mental health: Distinguishing active from passive use. *World Psychiatry*.
- Alabak, M., Hülshager, U.R., Zijlstra, F.R.H., & **Verduyn, P.** (2020). More than one strategy: A closer examination of the relationship between deep acting and key employee outcomes. *Journal of Occupational Health Psychology, 25*, 32-45.
- Nübold, A., Kuppens, P., & **Verduyn, P.** (2020). A temporal perspective on emotions. In Y. Griep, & S.D. Hansen (Eds.), *Handbook on the Temporal Dynamics of Organizational Behavior* (pp. 221-236). Cheltenham: Edward Elgar Publishing.
- **Verduyn, P.**, Gugushvili, N., Massar, K., Täht, K. & Kross, E. (2020). Social comparison on social networking sites. *Current Opinion in Psychology, 36*, 32-37.
- Kross, E., **Verduyn, P.**, Boyer, M., Drake, B., Gainsburg, I., Vickers, B., Ybarra, O., & Jonides, J. (2019). Does counting emotion words on online social networks provide a window into people's subjective experience of emotion? A case study on Facebook. *Emotion, 19*, 97-107.
- Provenzano, J., **Verduyn, P.**, Daniels, N., Fossati, P., Kuppens, P. (2019). Mood congruency effects are mediated by shifts in salience and central executive network efficiency. *Social Cognitive and Affective Neuroscience, 14*, 987-995.
- Janssen E., **Verduyn P.**, & Waters E.A. (2018). Don't know responses to cognitive and affective risk perception measures: Exploring prevalence and socio-demographic moderators. *British Journal of Health Psychology, 23*, 407-419.
- Kirchner, A., Boiger, M., Uchida, Y., Norasakkunkit, V., **Verduyn, P.**, & Mesquita, B. (2018). Humiliated fury is not universal: The co-occurrence of anger and shame in the United States and Japan. *Cognition & Emotion, 6*, 1317-1328.
- O'Donnell, M., Nelson, L.D., Ackermann, E., ..., **Verduyn, P.**, ..., Zrubka, M. (2018). Registered replication report: Dijksterhuis & van Knippenberg – 1998. *Perspectives on Psychological Science, 13*, 268-294.
- Provenzano, J., Bastiaansen, J.A., **Verduyn, P.**, Oldehinkel, A.J., Fossati, P., & Kuppens, P. (2018). Different aspects of the neural response to socio-emotional events are related to instability and

inertia of emotional experience in daily life: An fMRI-ESM Study. *Frontiers in Human Neuroscience*, *12*, 1-10.

- Résibois, M., Kalokerinos, E., Verleysen, G., Kuppens, P., Van Mechelen, I., Fossati, P. & **Verduyn, P.** (2018). The relation between rumination and temporal features of emotion intensity. *Cognition & Emotion*, *32*, 259-274.
- Résibois, M., Kuppens, P., Van Mechelen, I., Fossati, P., & **Verduyn, P.** (2018). Depression severity moderates the relation between self-distancing and features of emotion unfolding. *Personality & Individual Differences*, *123*, 119-124.
- Résibois, M., Rotgé, J. Y., Delaveau, P., Kuppens, P., Van Mechelen, I., Fossati, P., & **Verduyn, P.** (2018). The impact of self-distancing on emotion explosiveness and accumulation: An fMRI study. *PLoS ONE*, *13*, e0206889, 1-19
- Felsman, P., **Verduyn, P.**, Ayduk, O., & Kross, E. (2017). Being present: Focusing on the present predicts improvements in life satisfaction but not happiness. *Emotion*, *17*, 1047-1051.
- Kalokerinos, E. K., Résibois, M., , **Verduyn, P.** & Kuppens, P. (2017). The temporal deployment of emotion regulation strategies during negative emotional episodes. *Emotion*, *17*, 450-458.
- Kuppens, P., & **Verduyn, P.** (2017). Emotion dynamics. *Current Opinion in Psychology*, *17*, 22-26.
- Résibois, M.*, **Verduyn, P.***, Delaveau, P., Rotgé, J.Y., Kuppens, P., Van Mechelen, I., & Fossati, P. (2017). The neural basis of emotions varies over time: Different regions go with onset- and offset-bound processes underlying emotion intensity. *Social Cognitive and Affective Neuroscience*, *12*, 1261-1271. (**Résibois & Verduyn share 1st authorship**)
- **Verduyn, P.**, Ybarra, O., Résibois, M., Jonides, J., & Kross, E. (2017). Les médias sociaux et le bonheur: le cas de Facebook. *Revue Québécoise de Psychologie*, *38*, 167-182.
- **Verduyn, P.**, Ybarra, O., Résibois, M., Jonides, J., & Kross, E. (2017). Do social network sites enhance or undermine subjective well-being: A critical review. *Social Issues & Policy Review*, *11*, 274-302.
- Heylen, J., Van Mechelen, I., **Verduyn, P.**, & Ceulemans, E. (2016). KSC-N: Clustering of hierarchical time profile data. *Psychometrika*, *81*, 411-433
- Park, J., Lee, D.S., Shablack, H., **Verduyn, P.**, Deldin, P., Ybarra, O., Jonides, J., & Kross, E. (2016). When perceptions defy reality: The relationships between depression and actual and perceived Facebook social support. *Journal of Affective Disorders*, *200*, 37-44.
- **Verduyn P.**, Résibois M., Massar K. (2016) Sadness. In V. Zeigler-Hill, & T. Shackelford (eds.), *Encyclopedia of Personality and Individual Differences*. Cham: Springer.
- Heylen, J., **Verduyn, P.**, Van Mechelen, I., & Ceulemans, E. (2015). Variability in anger intensity profiles: Structure and predictive basis. *Cognition & Emotion*, *29*, 168-177.
- Kuppens, P., & **Verduyn, P.** (2015). Looking at emotion regulation through the window of emotion dynamics. *Psychological Inquiry*, *26*, 72-79.
- Vanbrabant, K., Boddez, Y., **Verduyn, P.**, Mestdagh, M., Hermans, D., & Raes, F. (2015). A new approach for modeling generalization gradients: A case for Hierarchical Models. *Frontiers in Psychology*, *6*, 1-10.
- **Verduyn, P.**, Delaveau, P., Rotgé, J.Y., Fossati, P., & Van Mechelen I. (2015). Determinants of emotion duration and underlying psychological and neural mechanisms. *Emotion Review*, *7*, 330-335.
- **Verduyn, P.**, & Lavrijsen, S. (2015). Which emotions last longest and why: the role of event importance and rumination. *Motivation & Emotion*, *39*, 119-127.

- **Verduyn, P.**, Lee, D., Park, J., Shablack, H., Orvell, A., Bayer, J., Ybarra, O., Jonides, J., & Kross, E. (2015). Passive Facebook usage undermines affective well-being: Experimental and longitudinal evidence. *Journal of Experimental Psychology: General*, *144*, 480-488.
- Brans, K., Van Mechelen, I., , Rimé, B., & **Verduyn, P.** (2014). To share or not to share? Examining the emotional consequences of social sharing in the case of anger and sadness. *Emotion*, *14*, 1062-1071.
- Brans, K., & **Verduyn, P.** (2014). Comparing determinants of emotion intensity and duration: Appraisals and regulation strategies. *PLoS ONE*, *9*, e92410, 1-13.
- Brans, K., Koval, P., **Verduyn, P.**, Lim Lim Y., & Kuppens, P. (2013). The regulation of negative and positive affect in daily life. *Emotion*, *13*, 926-939.
- Brans, K., Van Mechelen, I., , Rimé, B., & **Verduyn, P.** (2013). The relation between social sharing and the duration of emotional experience. *Cognition & Emotion*, *27*, 1023-1041.
- Frederickx, S.*, **Verduyn, P.***, Koval, P., Brans, K., Brunner, B., De Laet, I., Ogrinz, B., Pe, M., & Hofmans, J. (2013). The relationship between arousal and the remembered duration of positive events. *Applied Cognitive Psychology*, *27*, 493-496. (**Frederickx & Verduyn share 1st authorship**).
- Kross, E., **Verduyn, P.**, Emre, D., Park, J., Lee, D.S., Lin, N., Jonides, J., & Ybarra, O. (2013). Facebook use predicts declines in subjective well-being in young adults. *PLoS ONE*, *8*, e69841,1-6.
- Pe, M. L., Raes, F., Koval, P., Brans, K., **Verduyn, P.**, & Kuppens, P. (2013). Interference resolution moderates the impact of rumination and reappraisal on affective experiences in daily life. *Cognition & Emotion*, *27*, 492-501.
- Van Mechelen, I., **Verduyn, P.**, & Brans K. (2013). The duration of emotional episodes. In D. Hermans, B. Rimé & B. Mesquita (Eds.), *Changing Emotions* (pp. 174-180). London: Psychology Press.
- **Verduyn, P.**, Tuerlinckx, F., & Van Gorp, K. (2013). Measuring the duration of emotional experience: The influence of actual duration and response format. *Quality & Quantity*, *7*, 2557-2567.
- **Verduyn, P.**, Van Mechelen, I., Tuerlinckx, F., & Scherer, K. (2013). The relation between appraised mismatch and the duration of negative emotions: Evidence for universality. *European Journal of Personality*, *27*, 481-494.
- **Verduyn P.**, & Brans, K. (2012). The relationship between extraversion, neuroticism and aspects of trait affect. *Personality and Individual Differences*, *52*, 664-669.
- **Verduyn, P.**, Van Mechelen, I., & Frederix, E. (2012). Determinants of the shape of emotion intensity profiles. *Cognition & Emotion*, *26*, 1486-1495.
- **Verduyn, P.**, Van Mechelen, I., Kross, E., Chezzi, C., & Van Bever, F. (2012). The relationship between self-distancing and the duration of negative and positive emotional experiences in daily life. *Emotion*, *12*, 1248-1263.
- Loughnan, S., Kuppens, P., Allik, J., Balazs, K., De Lemus., S., Dumont, K., Gargurevich, R., Hidegkuti, I., Leidner, B., Matos, L., Park, J., Realo, A., Shi, J., Sojo, V. E., Tong, Y., Vaes, J., **Verduyn, P.**, Yeung, V., & Haslam, N. (2011). Economic inequality is linked to biased self-perception. *Psychological Science*, *22*, 1254-1258.
- **Verduyn, P.**, Van Mechelen, I., & Tuerlinckx, F. (2011). The relation between event processing and the duration of emotional experience. *Emotion*, *11*, 20-28.
- **Verduyn, P.**, Delvaux, E., Van Coillie, H., Tuerlinckx, F., & Van Mechelen, I. (2009). Predicting the duration of emotional experience: Two experience sampling studies. *Emotion*, *9*, 83-91.

- **Verduyn, P.**, Van Mechelen, I., Tuerlinckx, F., Meers, K., & Van Coillie, H. (2009). Intensity profiles of emotional experience over time. *Cognition & Emotion*, 23, 1427-1443.
- Arsovska, J., & **Verduyn, P.** (2008). Globalization, conduct norms and 'culture conflict': Perceptions of violence and crime in an ethnic Albanian context. *British Journal of Criminology*, 48, 226-246.

PRESENTATIONS & MEDIA

My students and I have presented our work for academic audiences by presenting at international meetings such as the conferences of *Association for Psychological Science*, *Belgian Association for Psychological Sciences*, *Consortium of European Research on Emotion*, *European Association for Work & Organizational Psychology*, *European Association of Personality Psychology*, *European Health Psychology Society*, *European Society for Cognitive and Affective Neuroscience*, *International Society for Research on Emotion*, *Organization for Human Brain Mapping*, *Social & Affective Neuroscience Society*, *Society for Affective Science*, *Society for Personality and Social Psychology*.

My students and I have presented our work at meetings for the general public such as the meetings of *Contemporary Thinking and Living (Belgium)*, *Pleasure-Art-Science Festival (Netherlands)*, *Instant Expert lecture series of the New Scientist (UK)*, and *Psychology speaker series (Belgium)* and the general public could also learn more about our work in major media outlets such as *ABC news*, *BBC News*, *CBS news*, *CNN.com*, *Economist*, *Fast Company*, *Fiscal Insider*, *LA Times*, *New York Times*, *Psychology Today*, *Science*, *The Independent*.

SUPERVISED DOCTORAL THESES

- Julian Provenzano (2015-2019). The neural basis of the temporal dynamics of emotions. Supervisor: P. Kuppens, Co-Supervisors: **P. Verduyn**, I. Van Mechelen, & P. Fossati. *Dissertation successfully defended on September 20th 2019, University of Leuven*
- Maxime Resibois (2013-2017). Emotion intensity profiles over time: Psychological and neural mechanisms. Supervisor: P. Kuppens, Co-Supervisors: **P. Verduyn**, I. Van Mechelen, & P. Fossati. *Dissertation successfully defended on September 28th 2017, University of Leuven*.
- Merve Alabak (2017-2021). Emotion regulation at work. Supervisor: U. Hülshager, Co-Supervisors: **P. Verduyn**, & F. Zijlstra.
- Nino Gugushvili (2018-2022). The impact of Facebook use on happiness. Supervisors: R. Ruiter & K. Täht. Co-supervisor: **P. Verduyn**.
- Eka Riyanti Purboningsih (2019-2023). Adolescent's well-being in the digital age. Supervisors: **P. Verduyn** & H. Agustiani. Co-supervisor: Z. Hinduan.
- Bilal Ahmad (2020-2024). The potential of social media to reduce the risks associated with forced and arranged marriages in Pakistan. Supervisor: K. Jonas, Co-supervisor: **P. Verduyn**.
- Kerstin Becker (2020-2024). The impact of social network sites on body image and eating disorders. Supervisors: K. Jonas & **P. Verduyn**